

# DANSKE KRÆFTFORSKNINGSDAGE

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FORSKNING-KLINIK-FREMTID

## More patients in clinical trials – why and how?

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# Participation in clinical trials provide an opportunity for patients to

- Play an active role in their own health care
- Gain access to new research treatments before they are widely available
- New options for treatment when standard therapy has failed
- Help others by contributing to the advancement of medical knowledge

# Trial participation: Risks and concerns

- Informed consent about risks and benefit
- Some examples of possible risks in clinical trials include:
  - unpleasant, serious, or even life-threatening side effects
  - treatment may not be effective
  - greater time and attention than standard treatment
- Especially for randomized trials, the description of the uncertainty in the expected outcome between the study arms (equipoise) can create anxiety and reduce motivation for participation
- High risk of inequality (socio-economic, geographic, health literacy) in trial participation

## So, the questions are

- Do we always need traditional prospective randomized trials?
- Can patients help us in the design of clinical studies?
- How can we motivate and support patients in clinical trial participation?
- Panel discussion including patient representatives

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